

Poppy lemon cake

Floral Beauty Recipe



Recept

LEMON POPPY SEED LADY FINGER

Flour T55	70g
Corn starch	70g
Lemon zest	4g
Poppy seed	25g
Egg yolks	70g
Sugar	70g
Egg whites	200g
Sugar	70g
Totaal	579g

LEMON POPPY SEED LADY FINGER

Sift together the flour with the starch and add the lemon zest and poppy seed. In the mixing bowl, whisk the egg yolks with the sugar until “ruban” and incorporate delicately with silicon spatula the flour mixture. Whisk the egg whites with the sugar to stiffen texture and gently add them to the egg yolks mixture. Fill the stainless inox ring and bake for 30min at 160°C in the convection oven. Let cool down and unmold. Clean the ring and place back the sponge inside.

IRCA DELICRISP PRALINE LEMON MERINGUE

Totaal	One thin layer
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IRCA DELICRISP PRALINE LEMON MERINGUE

Spread a thin layer over the sponge and freeze with the ring.

POPPY SEED LEMON CREAM

Whole milk	100g
Poppy seeds	2g
Cremirca lemon SP	50g
Gelatin mass	13g
Sinfonia white chocolate 33%	170g
Cream 35% fat	200g
Totaal	535g

POPPY SEED LEMON CREAM

Heat up the milk with the poppy seeds and lemon zest to 85°C, add the melted gelatin mass. Pour gradually the hot liquid into the melted chocolate forming a good emulsion with the hand blender. Add in the cold liquid cream mixing well and let crystallize a small part in the refrigerator around 8 for the individual, pipe the other part in silicon spheric mold and freeze.

IRCA FRUTTIDOR CHERRY

Totaal

IRCA FRUTTIDOR CHERRY

CHERRY MOUSSE

Black Cherry puree	200g
Lilly neutron	50g
Cream 35%	250g
Totaal	500g

CHERRY MOUSSE

Heat up at 50°C half of the puree with the Lilly Neutro to dissolve well. Pour the remaining puree. At 30°C, fold in the whipped cream. Mold and freeze.

BLACK CHERRY GLAZE 100% FRUIT

Water	400g
Sugar 1	250g
Pectin NH nappage	20g
Glucose	200g
Sugar 2	350g
Totaal	1220g

BLACK CHERRY GLAZE 100% FRUIT

In a saucepan, pour in the water and add the sugar and pectin mixture while mixing with a whisk. Start heating while mixing all ingredients with hand blender. This allows us to fully integrate, hydrate and dilate pectin. Once it starts to boil wait two minutes and remove from the heat.

Quickly add glucose and reheat. Mixing with the hand blender integrate the second amount of sugar. Allow to boil for a minute or until between 103°C/104°C (217°/219°F). Pour the neutral base directly into a tray with high edges and cover to contact. Allow to cool for 24 hours in cold.

To ensure a similar texture after each cooking, it is preferable to use a refractometer to measure Brix grades, which should be between 69°/70°brix.

BLACK CHERRY GLAZE

Neutral base	250g
Glucose	60g
Black cherry juice	190g
Totaal	500g

BLACK CHERRY GLAZE

Weigh the base amount. Add the corresponding amount of defrosted puree, citric acid solution, glucose, melted gelatin mass as directed. Mix with the electric mixer until all ingredients are integrated and a perfectly homogeneous and airless texture is obtained. The texture of the icing may vary depending on the fruit being used. Let stand for about 12 hours.

Heat to a temperature of 40°C. The fluidity of the glaze can be different depending on the fruit used; then we will have to adapt the way of glazing to the texture of the glaze being used and the piece to be glazed.

Assembly, layout and finishing

Decoration with Poppy flower.

Enjoy this exciting recipe.

Featured Product(s)



Poppy flower